

Reiki joining ranks of integrative medicine



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Magi Loucks
[Hollywood Reiki Examiner](#)



all times, with no physical contact taking place on private or taboo areas. The experience is generally one of relaxation, and many fall asleep.

Reiki in the Media

Reiki has begun picking up steam in the mainstream media, with a few important torch bearers. [Dr. Andrew Weil](#), international speaker, author and pioneer in the field of integrative medicine, refers to Reiki as “a powerful way to enhance the healing process.” TV’s [Dr. Mehmet Oz](#), Vice-Chair and Professor of Surgery at Columbia University, featured Reiki on his Emmy-winning TV show, saying, “First off, try Reiki. This alternative medicine treatment can manipulate your energy and cure what ails you.”

With high profile hospitals and physicians behind the Japanese meditative practice, it may not be too long before insurance companies are compelled to cover Reiki sessions, alongside acupuncture, massage and physical therapy, as part of a regular wellness plan.

For an ongoing list of U.S. hospitals that offer Reiki sessions, [click here](#).

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